

CWRU CYCLING CLUB

Midwest Collegiate Cycling Conference

CWRU Mountain Bike Race

Permit Pending

<see www.cwrucycling.org for updates>

Registration: please register in the rental shop.

7:00am –8:30am	XC: men's C and women's B
8:30am –10:00am	XC: men's B and women's A
10:00am – 12:00pm	XC: men's A
12:00pm – 1:00pm	DH: all categories

Start Times:

XC

9:00am Men's C	6 laps/13 mi
9:05 Women's B	6 laps
10:30 Men's B	9 laps/19 mi
10:35 Women's A	9 laps
12:30 Men's A	12 laps/25 mi

DH

4:00 Rider's departing every minute
Schedule will be posted at 2:00 on the registration table

Course Description:

XC

The course starts with a wide-open, grassy climb that shoots down into the woods where the trail snakes up the right side (but is very well marked). Once the wooded section is complete, riders climb another grassy hill and descend down a small hill to the finish line. Each lap is approximately 2 miles in length.

DH

Overall, the course is fast, very twitchy, and moderately technical. Uphill sections have been minimized but a few short ones still remain (leave your 40 lb, 8" travel bikes at home). Practice time will be available as soon as the last men's A rider crosses the line. The course is approximately 1.5 miles long.



Directions to Alpine Valley from Miami University: [Click here](#)

- 1: Start out going South on US-27 by turning right. 20.5 miles
- 2: Take the I-275 E ramp towards I-75/DAYTON. 0.3 miles
- 3: Merge onto I-275 E. 14.9 miles
- 4: Take the I-71 N/I-71 S exit, exit number 49, towards COLUMBUS/CINCINNATI. 0.3 miles
- 5: Take the I-71 N exit on the left towards COLUMBUS. 0.9 miles
- 6: Merge onto I-71 N. 202.4 miles
- 7: Take the I-271 N exit, exit number 220, towards ERIE PA. 0.4 miles
- 8: Merge onto I-271 N. 34.3 miles
- 9: Take the US-322/MAYFIELD RD exit, exit number 34. 0.2 miles
- 10: Keep RIGHT at the fork in the ramp. 0.3 miles
- 11: Merge onto MAYFIELD RD/US-322. 9.9 miles

Lodging:

There is very limited space available for free lodging at Case cycling members' houses for collegiate riders. Please contact Korey (krd3@po.cwru.edu) for availability.

Hotels are available at the following locations near the course:

Bass Lake Inn

426 South Street (Rt. 44)
Chardon, Ohio 44026
440-285-3100

The Bertram Inn

600 N. Aurora Rd.
Aurora, Ohio 44202
330-995-0200

Budgetel Inn

Interstate 271 & Rt. 322
Mayfield, Ohio 44143
440-442-8400

Days Inn

Interstate 90 & Rt. 306
Willoughby, Ohio 44094
440-946-0500

Punderson Manor

11755 Kinsman Rd. (Rt. 87)
Newbury, Ohio 44065
440-564-9144

Quail Hollow

Interstate 90 & Rt. 44
Concord, Ohio 44077
440-352-6200

Red Roof Inn

Interstate 90 & Rt. 306
Willoughby, Ohio 44094
440-946-9872

Notes:

All NORBA and NCCA rules apply. The promoters reserve the right to shorten race distances if weather or other circumstances occur.

Contact information: email Mario (mvm3@po.cwru.edu) or Edwin (eah6@po.cwru.edu) or call 216 707-1156.

